

Template for production of information and evidence for the Plan Document	Theme:	Services
	Subject:	Health and Care

Neighbourhood Plan Vision:

For the next 20 years Higham Ferrers will be:

A sustainable, vibrant, thriving community:
Strongly based on its history with an emphasis on its individuality, which encourages growth that supports its market town heritage.

A community which encourages attractive, high quality development:
Including new housing, commercial property and community facilities within a compact market town environment.

A community that is inclusive:
With safe access to its town centre and excellent links to adjacent housing estates, the surrounding countryside and the regional transportation network.

An attractive town centre:
With increased vitality and activity that attracts variety of new businesses to create a thriving High Street and encourage tourism.

Neighbourhood Plan Objectives:

SERVICES: To enhance residents' quality of life by improving leisure, educational, health and environmental services

DEVELOPMENT: To promote some housing and commercial development to meet the needs of residents and to attract visitors, thereby providing a degree of growth and employment opportunity whilst retaining the historic character of the town

DESIGN: To conserve and enhance the town's heritage and environmental features and promote visually attractive and sustainable design in all new developments

ACCESS: To improve transport links within the town's boundary and to the surrounding countryside; provide better parking and safer access to the town centre for residents and visitors.

NOTE
The most relevant parts of the vision and objectives for the subject are shown in red above
The Plan aims to deliver the vision and objectives in partnership with residents, other stakeholders and all necessary statutory authorities
The Plan must be compatible with EU obligations, Strategic Environmental Assessment (SEA), human rights, etc
Sustainable solutions are required for all the subjects in order to satisfy the Vision and Objectives

1. Brief background/history on the subject:

Describe briefly background and history of when things happened

Write the information/evidence here:

Current Situation

Health Services

For a small market town there is a good range of health facilities. We have a modern doctors' surgery with a co-located pharmacy, two dental practices, an optician and a clinic practising osteopathy and physiotherapy. One of the dental practices is NHS. Also within 2 miles of the town are the Rectory Road clinic in Rushden and the NHS Nene Treatment Centre at Irthlingborough.

Care Services

Within the town, we have two private residential care homes, a private day centre for the elderly and Home Instead, a provider of care for the elderly in their homes, which employs a staff of 125. At county level, the Northants NHS Healthcare Foundation Trust provides a wide range of health and wellbeing services for all ages and Olympus Care Services (NCC owned) provides a full range of services for older people and adults with dementia, learning and physical disabilities.

Capacity for growth

The doctors' surgery currently has 2 doctors and a 50-100% growth capacity. The NHS dental practice has 3 dentists and a 10% growth capacity; the other has 6 dentists and a 20% growth capacity. The clinic has 2 practitioners. Both of the town's private residential care homes are full; one has 25 residents and a waiting list - but potential for a two room extension; the other has 44 residents. The remaining private care providers' growth potentials range from 10% upwards. **Statutory service providers have not yet been consulted on capacity for growth or the Higham Ferrers development plan preferred option.**

2. Source evidence on the subject:

- National Planning Policy Framework view or Policy on the subject
- Local Plan Policy - Core Strategy view or comments on the subject
- Any available statistics that should be considered
- Any other authoritative source, view or comments on the subject i.e. best practice or leading practitioners view
- Sustainable solutions are required across all subjects and themes

Write the information/evidence here:

National Policy Planning Framework: No specific policy or view

NNJPU Core Spatial Strategy 2008: No specific policy or view

ENC Local Plan 1996 (saved policies): No specific policy or view

ENC Three Towns Plan Sep 2006, Development Principles, Higham Ferrers: No specific policy or view

ENC Sustainable Communities Strategy 2008-2015

“Our vision is to make East Northamptonshire a network of thriving communities where people enjoy a high quality of life. Meaning that by 2015, people live in communities that are safer and healthier and where key services are accessible to all.”

NHS Northants Policies:

Restructuring of National Health services under the Health and Care Act 2012 means these are in preparation. References to local services in draft Strategy Statements, based around health and wellbeing are as follows:-

NHS Northants Health and Wellbeing Board Strategy 2012:

“What do we mean by health?”

Health is a state of complete physical, mental and social wellbeing and not merely the absence of disease or infirmity.” (World Health Organisation WHO, 1946)

More recently, the WHO has determined that that health is not just a “state”, but also:

...a resource for everyday life, not the objective of living. Health is a positive concept emphasizing social and personal resources, as well as physical capacities.” (WHO, Ottawa Charter for Health Promotion, 1986)

Most people agree that the concept of health can be divided into physical health and mental health – where physical health refers to good body health and mental health refers to good emotional and cognitive health. The WHO defines mental health as:

...a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community”

What do we mean by wellbeing?

At its simplest level, this Board thinks that wellbeing comprises a complex mixture of people’s happiness, fulfilment, meaning and purpose. It gives people a sense of how well their lives are going, through the interaction between circumstances, activities, relationships and psychological resources or ‘mental capital’.

High levels of wellbeing mean that we are better able to respond to difficult circumstances, to adapt and engage positively with other people and with the world around us. The 2011 report Measuring National Wellbeing focussed on people’s assessment of their happiness, anxiety and sense of purpose/life being worthwhile as the key measurements of wellbeing. Initial national results relating to the period April –September 2011 revealed:

- Average life satisfaction ratings are significantly higher in the 16-19 age group and 65-79 age groups than for people in the middle years
- People in married or civil partnerships reported the highest levels of life satisfaction, compared to those cohabiting, single, widowed or divorced.
- Unemployment has a negative effect on subjective wellbeing.
- 1 in 4 people in the county aged 16+ are obese
- 15000 people in the county aged 65+ will have dementia by 2030

Priorities for the Board are that:-

1. Vulnerable people are safe and get the help they need to live as independently as possible.
2. Every child is safe and has the best start in life
3. Health and Social Care services work together in a joined up way”

NHS England Nene CCG, East Northants Locality: Shaping healthcare in East Northamptonshire Oct 2012

“The population of East Northamptonshire has a similar age profile to the rest of the county but over the next ten years the older population is expected to increase significantly. There is a much higher rate of over 65s in residential care and higher rates of hip fractures than the national average. The rural nature of the locality and the distance from hospitals, combined with the ageing population, means that the locality has its own unique challenges:-

- One in four of the adult population is obese, while 18% of the population smokes.
- Premature mortality rates from cancer are higher in East Northamptonshire than the national average.

What are the plans for the future for the locality?

With East Northamptonshire having a high number of care homes for older people, the locality will be looking at how best to work with the homes to help impact on the number of unplanned hospital admissions. Last year there were 500 admissions to hospital from care homes alone, some of which might have been managed differently with more sophisticated care planning.

To ensure we provide the right care needed for older people in the right place, we will work proactively with the care homes including regular visits to assess the health of the residents and help manage their conditions more appropriately.

A top priority for East Northamptonshire, a predominantly rural locality, is to ensure patients have better access to services and do not have to travel so far. The way to achieve this is providing more community based services as an alternative to hospital, wherever possible. Changes to the way ophthalmology is provided in East Northamptonshire is providing a more convenient service to patients as well as making valuable savings for the health service. GPs are now able to refer patients in East Northamptonshire to a GP specialist for treatment rather than having to refer them to hospital.

All GP practices in East Northamptonshire also now have access to electro-cardiogram machines (ECGs) so patients with a heart condition can be monitored over 24 hours in the comfort of their own homes and then report back to the GP, rather than have to travel to hospital to be monitored.”

NHS England Nene CCG- Healthier Northamptonshire: Better Health, Better Care, Better Value Stakeholder Briefing Oct 2013

“Our approach will be to shape services around the needs of individual patients and communities, and to fully engage our population in the design of services.

The scope of the programme means that the integration of health and care services is under active consideration. There is also an emphasis on delivering services closer to home through community-based multi-disciplinary teams relieving pressure on acute services and allowing hospitals to concentrate on more complex work.

Workstream 3: Health and social care integration – developing an integrated health and social care system that enables people to enjoy good health and wellbeing living at home as independently as possible.”

Keys statistics on health and wellbeing in East Northamptonshire:-

<i>Health Inequality</i>	<i>Lower than England average</i>	<i>Equal to England average</i>	<i>Higher than England average</i>
<i>mortality all causes</i>			
<i>-men</i>	Y		
<i>-women</i>		Y	
<i>early deaths</i>			
<i>-heart disease</i>	Y		
<i>-strokes</i>	Y		
<i>-cancer</i>	Y		
<i>smoking in pregnancy</i>			Y
<i>Increasing and higher risk drinking</i>			Y
<i>Obese adults</i>			Y
<i>Diagnosed with diabetes</i>			Y
<i>Life expectancy</i>			
<i>-male</i>			Y
<i>-female</i>	Y		

Census 2011. Key Statistics, District and Parish Level-Higham Ferrers.

Overall Health Rating

Higham Ferrers is close to the East Northants average with a very good, good and fair health combined rating of 83%. However, Lancaster ward residents scored 1% higher and Chichele ward residents scored 3% lower than the EN average.

Health Limitations

Higham Ferrers is close to the East Northants average with a ‘limited a lot’ and ‘limited a little’ combined rating of 16%. However, Lancaster ward residents scored 1% lower than the EN average whilst Chichele ward residents scored 1% higher.

When this limitation was applied to residents of working age only, the pattern continued, showing Higham Ferrers close to the East Northants average of 7%. Again, Lancaster ward residents scored 0.5% lower than the EN average whilst Chichele ward residents scored 0.5% higher.

Unpaid Care

Higham Ferrers is close to the East Northants average with a ‘no unpaid care provision’ of 90%, an ‘unpaid care of 20+ hr/w provision’ of 3.4% and an ‘unpaid care of up to 20 hr/w provision’ of 6.6%. Looking at overall unpaid care, Lancaster ward residents provide 1.5% lower and Chichele ward residents 1% higher provision than the EN average.

3 View of relevant authorities:

- Recommendations from any commissioned studies or reports
- Comments or responses received from relevant authorities in relation to recommended development option or if the authorities have a preference for an alternative option.

Write the information /evidence here:

NHS England Herts & South Midlands Dental Commissioning Board: **JAMES TO PROVIDE INFORMATION**

NHS England Nene CCG, East Northants Locality: **JAMES TO PROVIDE INFORMATION**

Northants NHS Healthcare Foundation Trust: **JAMES TO PROVIDE INFORMATION**

*“From Amanda Hack, Practice Manager, HF Surgery
To Cllr B Jackson, HF Town Council*

Re: Information for Neighbourhood Plan-Health Services

Dear Bert,

Sorry for the late reply, I've been on annual leave.

I am happy to forward the extra information (age, sex); will just need to discuss with our Patient Participation Group to obtain their consent for forwarding their details, which I will do at our next meeting on 27th February.

Just to clarify, our Practice is not merging with Wellingborough Practice. The EN Locality Group (of which we are a member) is currently in talks to federate with Wellingborough Locality Group to become East Northants and Wellingborough Clinical Commissioning Group. This will not affect our patient care or how we function as a surgery.

Hope that's of help

Kind regards

Amanda Hack”

4. Community views about the subject:

- Original questionnaire view
- Community Plan action
- Feedback from latest questionnaire
- Any other comments, feedback or concerns received

Write the information/evidence here:

HF Neighbourhood Plan Issues Survey Results Oct 2012-Health

Using the survey findings as a guide, just over half of the inhabitants of Higham Ferrers are registered with the local doctor's surgery. Of the responses received there were very few comments or complaints about the health facilities apart from the doctor's surgery. Approximately 12% of the responders who were registered with the surgery had negative comments about the service offered.

HF Neighbourhood Plan Issues Survey Results Oct 2012 and Neighbourhood Plan Options Survey Results Nov 2013-Housing Types

Many comments included the need for bungalows, sheltered housing and a retirement complex to encourage older residents to downsize, thereby releasing family-sized properties onto the market. The highest response in both surveys was for bungalows, with sheltered housing second.

HF Neighbourhood Steering Group- Capacity of existing healthcare building and implications for parking

The Saffron Rd NHS healthcare building capacity meets current and planned population growth needs. However, it may not have the physical capacity to support change of use to community based services if NHS policy requires it. Consideration should be given to land for a future extension. This would most likely result in a reduction of parking spaces on the site, adding further pressure on town centre parking.

5. **Draft Policies:** These should flow from the vision and relevant objectives to ensure that development will respond satisfactorily to them. They need to relate to both National and Local Planning Policy and take account of the latest views of relevant authorities and the views of the Community. Policies from other Neighbourhood Plans that have similar issues

could be helpful. James Wilson will write the policies but it would be good to indicate the policy area that you think should come out of the information/evidence that you have found. Indicate the policy area here:

Table 2: Proposals for enhanced health and care services:

Proposal	Evidence	Policy Area
2.1 All proposals for new housing will be required to demonstrate provision of space for residential care homes and care-in-the-home providers.	Census 2011. Key Statistics, District and Parish Level-Higham Ferrers. NHS Northants Health and Wellbeing Board Strategy 2012 ENC Sustainable Communities Strategy 2008-2015 NHS England Nene CCG- Healthier Northamptonshire: Better Health, Better Care, Better Value Stakeholder Briefing Oct 2013	Development-Housing Services-Health & Care
2.2 Developers will be required to make CIL contributions towards additional local NHS health resources resulting from the increase in population .	Census 2011. Key Statistics, District and Parish Level-Higham Ferrers.	Development-Housing Services-Health & Care
2.3 Proposals for house building particularly on infill/ brownfield sites should include provision for specialist housing to cater for the elderly.	Census 2011. Key Statistics, District and Parish Level-Higham Ferrers NHS Northants Health and Wellbeing Board Strategy 2012 ENC Sustainable Communities Strategy 2008-2015 HF Neighbourhood Plan Issues Survey Results Oct 2012 Neighbourhood Plan Options Survey Results Nov 2013-Housing Types	Development-Housing
2.4 All proposals for housing should consider provision of green and open spaces to encourage a healthier lifestyle	Census 2011. Key Statistics, District and Parish Level-Higham Ferrers NHS Northants Health and Wellbeing Board Strategy 2012 ENC Sustainable Communities Strategy 2008-2015 Public Health England-East Northamptonshire Public Health Profile Sept 2013	Services-Environment, Sports and Leisure
2.5 House design should be suitable for a full lifetime of use	NHS Northants Health and Wellbeing Board Strategy 2012 ENC Sustainable Communities Strategy 2008-2015	Design-Statement for new developments
2.6 All development proposals should encourage a healthier and 'community inclusive' lifestyle	Census 2011. Key Statistics, District and Parish Level-Higham Ferrers ENC Sustainable Communities Strategy 2008-2015 Public Health England-East Northamptonshire Public Health Profile Sept 2013	Development-Housing Access-public transport, cycle ways, footpaths and disabled access